

Trading Plan Workbook

The purpose of this book is to have a list of questions for you to answer that will help you build a trading plan.

1. What I am trading & the type of trade?
2. Why am I trading this? What's the notes i.e. does it pass the what has to happen Q? (insert your research)
3. What stakes % of the bank am I using?
4. What is my entry and exit point & profit exit?

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	5. Pre Trade Routine? How will I set up for success
	6. In trade what do I need to observe
31	
	7. Post trade: Result of trade Review process Did you follow the plan? How was your mindset?
1	
	Rules
	1.